

## Information For the Use

Grape Seed Extract 50mg + Vitamin C 40mg + Vitamin B3 18mg + Vitamin E 10mg + Zinc 10mg + Vitamin B2 1.6mg + Vitamin B1 1.4mg + Vitamin B6 1mg + Vitamin A 600 µg + Manganese 250µg + Folic Acid 100µg + Iodine 100µg + Biotin 30µg + Copper 30µg + Selenium 25µg + Vitamin D3 5µg + Vitamin B12 1 Tablets

# Zincotyle Tablet

## Grape Seed Extract 50mg + Multivitamin and Multimineral Tablets

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### Description

This tablet is a potent combination of Grape Seed Extract, essential vitamins, and minerals designed to enhance overall health, improve immunity, and provide antioxidant support. The formulation supports skin health, energy metabolism, cardiovascular function, and overall well-being.

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### Composition (Per Tablet)

- Grape Seed Extract: 50 mg
  - Vitamin C: 40 mg
  - Vitamin B3 (Niacin): 18 mg
  - Vitamin E: 10 mg
  - Zinc: 10 mg
  - Vitamin B2 (Riboflavin): 1.6 mg
  - Vitamin B1 (Thiamine): 1.4 mg
  - Vitamin B6 (Pyridoxine): 1 mg
  - Vitamin A: 600 µg
  - Manganese: 250 µg
  - Folic Acid: 100 µg
  - Iodine: 100 µg
  - Biotin: 30 µg
  - Copper: 30 µg
  - Selenium: 25 µg
  - Vitamin D3: 5 µg
  - Vitamin B12 (Cobalamin): 1 µg
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### Mechanism of Action

- **Grape Seed Extract:** Contains powerful antioxidants (proanthocyanidins) that neutralize free radicals, protecting cells from oxidative damage. It also supports cardiovascular health by enhancing blood flow and reducing inflammation.

- **Vitamins and Minerals:** These micronutrients play essential roles in metabolic pathways, immune support, skin health, and antioxidant defense.
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### Indications

This tablet is beneficial for:

1. **Antioxidant Support:** Protects against oxidative stress and free radical damage.
  2. **Immunity Boost:** Strengthens the immune system.
  3. **Skin Health:** Promotes collagen formation and reduces signs of aging.
  4. **Energy and Metabolism:** Enhances energy production by supporting enzymatic reactions.
  5. **Cardiovascular Health:** Improves blood circulation and heart health.
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### Key Ingredients and Benefits

1. **Grape Seed Extract (50 mg):**
  - Rich in proanthocyanidins, which protect against oxidative stress.
  - Improves circulation and supports skin elasticity.
2. **Vitamin C (40 mg):**
  - Boosts immunity and acts as a cofactor for collagen synthesis.
  - Enhances iron absorption and combats free radicals.
3. **Vitamin B Complex (B1, B2, B3, B6, B12):**
  - Vital for energy metabolism, red blood cell production, and nervous system function.
4. **Vitamin E (10 mg):**
  - An antioxidant that protects cell membranes from damage.
  - Promotes skin and hair health.
5. **Zinc (10 mg):**

- Supports immune function, wound healing, and reproductive health.
- 6. **Vitamin A (600 µg):**
  - Improves vision, skin health, and immune defense.
- 7. **Vitamin D3 (5 µg):**
  - Enhances calcium absorption for bone and joint health.
- 8. **Folic Acid (100 µg):**
  - Essential for DNA synthesis, red blood cell formation, and fetal development.
- 9. **Selenium (25 µg):**
  - Protects cells from oxidative damage and supports thyroid function.
- 10. **Biotin (30 µg):**
  - Promotes healthy skin, hair, and nails.

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### Dosage and Administration

- **Recommended Dose:**
  - **Adults:** One tablet daily or as directed by a healthcare professional.
  - Take with food for better absorption.

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### Contraindications

- Hypersensitivity to any ingredient in the formulation.
- Patients with hypervitaminosis A or D should avoid use.

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### Warnings and Precautions

1. **Pregnancy and Lactation:** Consult a healthcare provider before use.
2. **Overdose Risk:** Excessive intake may lead to vitamin or mineral toxicity.
3. **Chronic Conditions:** Use cautiously in patients with kidney or liver disorders.

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### Adverse Effects

- **Common:** Mild gastrointestinal discomfort, nausea, or bloating.
- **Rare:** Allergic reactions such as rash or itching.
- **Prolonged Use:** Risk of hypervitaminosis if taken in excessive doses.

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### Storage Instructions

- Store in a cool, dry place below 25°C (77°F).
- Protect from light and moisture.

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### Benefits

1. **Comprehensive Health Support:** Combines antioxidant, immune, and metabolic benefits.
2. **Skin and Hair Nourishment:** Promotes healthy skin, nails, and hair with vitamins and minerals.
3. **Energy Boost:** Supports energy production and reduces fatigue.

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### Presentation

- Packaged in a blister pack or bottle containing 10, 30, or 60 tablets for easy dosing.

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**Note:** This tablet is a dietary supplement and not a substitute for a balanced diet or medical treatment. Always consult a healthcare provider before starting any supplement.

Manufactured in India for:

**Cafoli**<sup>TM</sup>  
L I F E C A R E

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(An ISO 9001: 2015 Certified Co.)

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